## What is Assisted Living?

Assisted Living is the best choice for seniors who need assistance with activities of daily living, such as dressing, grooming, meals, and medication, but do no require around the clock nursing care. Assisted living allows individuals to maintain independence while getting the help they need to live a safe, full, meaningful life.

# What is Memory Care?

Memory care facilities specialize in caring for patients with dementia, Alzheimer's, and similar conditions. Our staff is specially-trained in caring for patients with conditions of memory impairment. Our facility utilizes safety features including magnetic locks on doors and gates, 24-hour surveillance cameras in all public areas; as well as environmental features including use of specific colors, memory boxes, lined hallways, and curved pathways that bring comfort and a sense of security to memory care patients.

Fountain Hills Assisted Living & Memory Care accepts residents both with and without Memory Care needs.



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A place you can call Home

# **OUR STANDARD IS EXCELLENCE**

# **CARE**

Our #1 priority is taking exceptional care of our residents. Each resident receives personalized care tailored to his or her needs and wishes. Our well-trained, caring staff treat our residents as family. Our low resident/caretaker ratio allows us to give our residents the special care and attention they deserve.

## **MEDICAL**

All medications are overseen by a registered nurse available 24 hours a day. Aides are certified in medication assistance, and our medication tracking system ensures that all medications are administered correctly in a timely manner with detailed documentation.

#### **FOOD**

Our residents are served three delicious, home-cooked meals per day from dietician approved menus, prepared by trained culinary experts. We serve cooked-to-order breakfast, followed by delicious lunch and dinner options, as well as unlimited drinks and snacks, every day.

## SOCIAL

Relationships and connections are at the heart of emotional wellness. We provide a welcoming place for family and friends. We also provide daily activities targeting physical, mental, and social well-being. Our meals are served in our family-style dining room, and community activities, games, and reminiscing time also take place in our central gathering areas.

#### **SAFETY**

We utilize state-of-the-art security and monitoring technology throughout our facility. Our 24-hour wireless resident personal call system along with caretakers, available 24 hours a day and trained in safety procedures, ensure safety and security for all.

#### COMFORT

Our beautiful, spacious 16 bedroom facility feels like a family home. In addition to our lovely common rooms, residents each have a private bedroom and bathroom. Each room has its own climate control so residents are comfortable. The grounds are beautifully landscaped. Laundry service and housekeeping are Included, and on-site barber/salon services are available every week.







